



# Manor Lakes College

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College Shop Hours: Tuesday 8.30am-10.30am & Thursday 2pm-4pm

# newsletter

No.8 Week Ending Friday 24<sup>th</sup> March, 2017

**SUPERVISION IN THE YARD BEGINS AT 8:35 AM AND ENDS AT 3:15 PM**

**End of Term 1, 2017**  
**Friday 31<sup>st</sup> March, 1:30pm Dismissal**

**No Canteen Lunch Orders**  
**Canteen Will Still Be in Operation for Recess**

## The Week Ahead

<b>Monday 27<sup>th</sup> March</b>	<b>Year 7 Camp Begins, 8:00am – 3:00pm, (Phillip Island Adventure Resort)</b>
<b>Tuesday 28<sup>th</sup> March</b>	<b>Easter Raffle Tickets Due</b> <b>My Time Program, 9:00am – 10:30am, (Community Room)</b>
<b>Wednesday 29<sup>th</sup> March</b>	<b>Easter Raffle Drawn</b> <b>Intermediate Boys Netball (selected students), 9:00am – 3:00pm, (Eagle Stadium)</b> <b>Accelerated Football Program (selected students), 12:45pm – 3:15pm, (Victoria University, Footscray Park Campus)</b> <b>Prep to Grade 2 Easter Bonnet Parade, 2:15pm – 3:00pm, (Amphitheatre – weather Permitting)</b> <b>Year 7 Campers Return, 3:00pm, (Manor Lakes College)</b>
<b>Thursday 30<sup>th</sup> March</b>	<b>School Banking</b> <b>Trade Taster, 8:00am – 3:15pm, (Geelong Industry Trade Training Centre)</b> <b>S08 – Jackie Travel Training, 9:00am – 3:30pm, (Geelong)</b>
<b>Friday 31<sup>st</sup> March</b>	<b>Trade Taster, 8:00am – 3:15pm, (Geelong Industry Trade Training Centre)</b> <b>Breakfast Club, 8:15am – 8:45am (Links Space – Eildon)</b> <b>Play Group, 9:00am – 10:50am (Community Room) Gold Coin Donation</b> <b>End of Term 1, 2017, 1:30pm Dismissal</b>

Dear Parents/carers,

Term 1 has flown by in only nine weeks and while we know that everyone is very excited about the holiday break and Easter; we ask that families still encourage their children to continue their learning during this time. Students should be trying to read for at least 20 minutes every day, as well as study and continue any holiday homework they have been set.


**Mobile Phone Usage during Class time:** The 7 – 12 Leadership is still working hard with students to emphasize the importance of the school policy to not use mobile phones during class time or listen to music. This also follows the Department of Education's policy. *"Research has shown that we have a very limited capacity to perform two or more tasks at the same time and brainpower suffers when we try"* (By Madhura Seneviratne, Peggy Alexopoulou (Original), SBS News, 12 JAN 2017). *"The problem with trying to multi-task is*

all that shifting back and forth between tasks isn't all that efficient because, each time we do it, it takes our brain some time to refocus. So while it might seem efficient on the surface, it isn't – studies show that multi-tasking can reduce productivity by as much as 40%. (Lisa Quast, Forbes, Feb 2017).

No phone use in class also prepares students for the workforce, as well as exams and test conditions. Some students experience difficulty not looking at their phone, so it might be an idea for families to also try phone-free dinners and have phones away at least 2 hours before sleep time – as the light from devices such as phones and computers, impacts our body clock and stops us from sleeping as effectively as we could.

Students who use their phones correctly have permission to use them during school recess and lunch breaks

**Cornell Notes:** When students return we will be ensuring that they will be using Cornell Notes for notetaking, in all subjects in Years 7 – 10. This is a great practice to discuss with your child and gives parents an understanding of student goals (Essential Questions and Learning Intentions) and your child's ability to summarise the information and reflect on it. When students do not have homework set, they should still be reading over these notes, numbering ideas, highlighting key terms, putting question marks near points of confusion etc... The Cornell notetaking systems allows students to repeatedly interact with their notes. The more times the interact the more likely they are to retain information. This reduces student stress as they don't have to cram near exams, tests or School Assessed Coursework tasks. A Cornell Note example is pictured below:

<b>Cornell Notes</b> 		<b>Topic/Objective:</b> Identify significant literary devices that define a writer's style and use to interpret work	<b>Name:</b>  <b>Class/Period:</b> Lang. Arts <b>Date:</b> Oct. 12, 2009
<b>Essential Question:</b> How does Langston Hughes' poem, "Mother to Son", advice the reader to overcome difficulty and keep from giving up in life?			
<b>Questions:</b>		<b>Notes:</b>	
① What is the significance of the speaker in the poem?		① <u>Speaker</u> - * <u>Voice that communicates a poem's ideas, actions, descriptions, &amp; feelings</u> - similar to <u>narrator</u> - can be <u>unknown or specific</u> (like character)	
② How does a poet's choice of speaker affect the mood/meaning of a poem?		② <u>Impt.</u> - Poet's <u>choice of speaker</u> - <u>contributes to the poem's mood/meaning</u> - <u>who speaks is as impt. as what is said</u> - <u>different points of view regarding same event</u> (ie. parent, child, elderly person) * <u>the person telling the story gives point of view and affects the message told</u> ← <u>P.O.V</u> *	
③ How does Hughes use vocabulary to contribute to and convey his message?		③ <u>Writer's/poet's style</u> <u>Vocab</u> - helps to understand meaning <u>"Crystal stair"</u> = luxuries ( <u>metaphor</u> ) <u>compares 2 things</u> ie. "Life for me ain't been no crystal stair" <u>"reachin'"</u> - <u>replace letter at end of word</u> ( <u>dialect</u> ) <u>"'Cause"</u> = <u>because</u> → <u>Slang</u> <u>var. lang used by group speech patn.</u>	
<b>Summary:</b> The speaker/voice in the poem is important because it communicates the ideas/feelings of the poem. Who the poet chooses as the speaker identifies the point of view and affects the message/meaning. Hughes uses vocabulary and style to convey the message that life is hard when Mother says "Life for me ain't been no crystal staircase."			

**VCE/VCAL Attendance and Authentication:** Students are required to maintain attendance above 90% for all their classes. VCE/VCAL approved absences are only those that are supported by a medical certificate or statutory declaration – please note **family holidays** are NOT approved absences.

Our attendance policy allows teachers to meet the strict authentication requirements stipulated by the VCAA. **The teacher must observe students at work throughout the course to acknowledge authentic demonstration of learning outcomes.** In addition to this, when students are absent for a scored assessment without a medical certificate or statutory declaration, they forgo the opportunity to receive a score for their assessment. Furthermore, this puts undue pressure and stress on students who are then required to make up for prolonged absences through afterschool redemption sessions.

When planning family holidays, please take this into careful consideration. If you have any questions, please refer to the Parent and Student handbook or contact a member of the senior secondary leadership team.

Please take your time to have a look at the some of the wonderful school activities and photos discussed below.

**Renee Liprino**  
**Assistant Principal 7 – 12**

### From the Art Room...

We have had a positive start to the year with students focused on developing their drawing techniques. Year 9 Art students created cubist inspired artworks featuring collage, pencil and watercolour techniques. Compositions were developed through observational drawing and inspiration from artists like Picasso and Braque. Works are currently on display in our Wyara Gallery space.



### Year 7 Girls Netball

On Monday 20<sup>th</sup> March, Year 7 girl's Netball team took part in an inter school sports competition. They have been training hard, twice a week since the start of Term 1. All team members showed great sportsmanship and put in 110% effort. This was evident when they won all four games and made it through to the next round! Well done girls!

**Brittney Downer**  
**Teacher, Year 7**

### Women's AFL

Check out our Year 11 student Larissa Renault's very own Women's AFL advertisement here:  
<http://womens.afl/nextgen/larissa-renaut>

## Debating at Manor Lakes

On Wednesday 15<sup>th</sup> March, three of our students represented our college in the DAV (Debating Association of Victoria) competition at Williamstown High School.

Our participating students were: Renae S, Tarneshia N and Alisha I. They debated on the topic, "That the value of a citizen's vote should diminish with age." For their first ever debate, the girls were a bit nervous but they made a good account of themselves and were only narrowly defeated by Suzanne Cory in an interesting debate.

It was an exciting night and the group are excited to improve before their next debate which will occur on Wednesday 3<sup>rd</sup> May.

Weekly debating meetings happen every Friday in Hume 3 during lunchtime. If you're interested feel free to pop in.



## Year 12 Physics Excursion

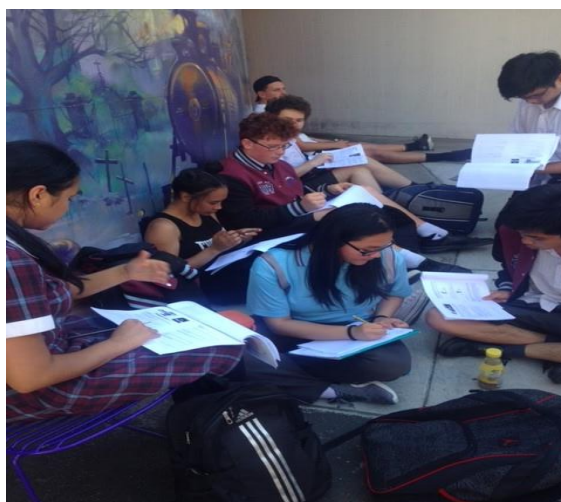
**Year 12 Physics Excursion:** An Excursion to Luna Park for Year 12 Physics was a great experience for our students. The day was full of learning circular motion while having fun on the rides. On Wednesday 8<sup>th</sup> March all 9 students and myself met at Wyndham Vale station at 8:30 am. We boarded the V-line train to Southern Cross station and then tram #96 to Luna Park. There were around 700 students from different schools. The day started with beautiful aerobatic display at the St Kilda Beach at 10:00 am. The Roulette show is presented by RAAF personnel.

Next part was going to Luna Park and taking 11 rides as per the required sequence. We started with Power Surge followed by Ferris Wheel, Enterprise, Carousel, Twin Dragon, Spider, Top drop, Body Rock, Pharaoh's Curse, Dodgem Cars and Serpent.

The students were given the handouts for answering the questions based on their firsthand experience on the rides. The rides were discussed in class as a part of this SAC/outcome. Students recorded the required data on 'Spark -Vue' App.

I am proud to say that our students at Manor Lakes P-12 College represented the school on an excellent level. Their positive behaviour was commendable on the public transport with regard to communication and being considerate to others. All of them were very considerate to the seniors travelling with us and offered their seats when required.

We finished at 2:00pm at Luna Park and arrived Wyndham Vale station at 3:30pm.



## Lacrosse & Holiday Camps

From the 3<sup>rd</sup> until the 5<sup>th</sup> of April, 18 Year 11 and 12 students will embark on a hike to the high country. They will begin the walk at Mt Buller Ski Resort and hike 8km to Mt Stirling where we will base ourselves for the two nights. On the second day the group will partake in a short hike out to the historic Craig's Hut which was in the Australian film, 'The Man from Snowy River'. Later that night we hope to have some good weather so that we can walk to the peak of Mt Stirling to catch the amazing sunset. Each night, the students will be sleeping in their own tents and cooking their own food. Being a national park, we can't have camp fires however, Burnt Hut (no, it's not burnt) will accommodate for us at night to keep warm. On the last day we will hike back to Mt Buller and hopefully get to see some 360 degree views from here also before getting on the bus to come home.

If you are interested in participating in future on school holiday camps, stay tuned as there are more to come!

## Student School Photos

Student photos will be taken on **Thursday 20<sup>th</sup> April, Friday 21<sup>st</sup> April and Monday 1<sup>st</sup> May, 2017**. Photos this year from Prep to Year 12 will be taken by Compass. Students from Prep to Grade 6 will have class photos along with individual photos, and students in Years 7 to 12 will only have individual photos.

On the day your child is photographed and they will be given an order form. You are able to order photos via Compass online (<https://manorlakesp12.vic.jdlf.com.au>) or bring the **correct money** for the Compass kiosk in the Burley Griffin office and order via the kiosk (please ensure you have the correct amount of money as the kiosk does not issue change). You are able to order photos now without the form.

**Sibling photos:** will be taken on Monday 1<sup>st</sup> May, 2017. All students wanting sibling photos will be required at the Barlee gym at 9:00am.

## School Uniform

An invitation was recently extended to any interested parents to join a School Uniform Working Party to review our current school uniform.

The first meeting of this working party was held recently and was attended by eight parents and two staff. Consideration was given to the needs of primary school students and secondary school students as two distinct groups. From this first meeting a number of recommendations were made to School Council and they have been accepted. Further meetings of the working party are planned and these will include feedback from secondary students who have been asked to form a student working party. School Council has also referred hair colour and jewellery to the Uniform Working Party.

The intent of the Uniform Working Party is not to change the colour of the school uniform, also if a uniform item is discontinued, it will remain accepted school uniform, but no longer be sold. (All current uniform items will remain acceptable school wear).

The next meeting of the Uniform Working Party is scheduled for Wednesday 3<sup>rd</sup> May but is subject to sample uniform items being available. The date will be confirmed via the newsletter. All parents are welcome to attend. An email to let the convenor know of your intention to attend would be appreciated.

The following changes were approved by School Council and are effective as of now:

1. **There will no longer be a winter or summer uniform. Parent and/or students are welcome to wear summer or winter uniform items that suit the weather on any day.** The purpose of this change is to simplify uniform choices and acknowledge the changeable weather that is a feature of our state and area.
2. **Primary students are able to wear sports uniform any day of the school week.** The rationale for this change is that most primary students lead very active recesses and lunches, and they will often engage in physical activities other than timetabled phys-ed sessions.
3. **Primary students are able to wear black leather shoes OR runners with any uniform pieces.** Council debated this but there was consensus that given the rate of growth of primary students and their capacity to wear through shoes at a rapid rate, the option of black shoes or runners provided some financial relief for parents by enabling them to purchase shoes or runners based on availability, price, and need.

The new primary uniform is detailed below:

### Primary Uniform:

- Light Blue polo shirt – short or long sleeve (with logo). Iron on logos will be sourced and available for purchase.
- Plain Grey pants
- Plain Grey shorts
- Summer dress in Maroon/Pale Blue School Check
- Winter Tunic or skirt in Maroon/Pale Blue School Check
- Black Tights can be worn with the Winter Tunic for warmth
- Primary Sports Shorts (grey with maroon panel)
- Plain Grey Track Pants
- Maroon windcheater or bomber jacket (with logo)

**Shoes:** Runners or Black Leather Shoes

**Socks:** White or Grey

**Hat:** Bucket or Legionnaires Hat with Logo (Compulsory in terms 1 & 4)

There will be changes made to Secondary uniform and these will be conveyed to parents after going through the process of Uniform Working Party and School Council approval. If you are able or interested in contributing to these discussions, please contact me on [warner.stephen.r@edumail.vic.gov.au](mailto:warner.stephen.r@edumail.vic.gov.au)

## Parent & Friends Community News

### Important changes to the Community Room:

Please note the Community Room will be closed in Term 2 due to another classroom that will now occupy that space. Unfortunately, no other spaces in the college are available for our programs with continue.

As a result, the **MyTime program** will be relocated to the Wyndham Vale Community Centre on Manor Lakes Boulevard – thank you to the community centre who have been able to accommodate this group. The MyTime program will now every Thursday from the 27<sup>th</sup> April from 9:30am – 11:30am.

**The next MyTime Session (Tuesday 28<sup>th</sup> March) will be held at the Saffron Café – Wyndham Vale Learning Centre from 9:00am – 11:00pm.**

**Parent Information Programs & Playgroup** will also be at the Wyndham Vale Community Centre – they are happy to assist with any inquiries with their programs – please contact them on 9734 8934.

**Wyndham West Youth Forum:** Our Grade 6 leaders, Zariah, Chloe, Ganika, Devesh, Kyleisha, Kamal, Alual & Kavya participated in the Wyndham West Youth Forum at the Youth Centre last Wednesday. There were quite a few schools in attendance and we spoke about community news on...

- Healthy Living
- Public Transport
- Things to do in your area
- Diversity
- Safety
- Bullying and Cyber Bullying

The students represented the college with great distinction and displayed the college expectations.

*"I liked how we got to discuss what we wanted to improve and around the community. We discussed Mental Health and what that looks like, and some of the strategies we could use. I enjoyed the day overall". – Ganika*

*"I liked how we were in lots of groups and working with students from different schools. I met people from Werribee Secondary, MacKillop and Wyndham Central". – Alual*

*"I liked the fact that we had Subway and cookies for lunch. I liked the activities and how we learnt about jobs and mental health. We worked with secondary students from different schools". – Kavya*



**Anthony Sabatino**  
**Teacher, Grade 3**

## Café Echo



Open every morning 7:50 – 8:50

Coffees, Teas,  
Toasted Sandwiches, Milkshakes

Located outside the Echo Learning House

# CO Health

## Term 2 Echo Building

In Term 2 the VCAL Students are collecting jackets, jumpers, blankets, sleeping bags, pillows for homeless people!

If you are doing a holiday cleanout – please drop off your beloved clothing to the Echo Building!

Please donate for a good cause!

*Always appreciate what you have.  
There is always someone out there who wishes that they have what you have! Always think about the people around you.*

## PBS Week - 27th-31st March

During **SWPBS week** there will be various activities across the college:

- EY colouring competition
- VET music students playing in yard
- SY student/teacher game on Thursday

Remember to check compass each day & look out at the primary end for the special yellow PBS balloons on Thursday.

The purpose of School Wide Positive Behavior Support is to establish a school environment, which is calm and orderly, allowing learning to happen.

SWPBS creates school communities with an effective evidence based approach - creating positive & engaging school environments. SWPBS provides the school community with a school improvement framework for ensuring that the learning environment of the school is focused on engagement. The SWPBS Framework requires the establishment of expectations - which focuses on data & inquiry to drive continuous improvement.

Our College Values and Expectations are seen as central to the life of our college. It also outlines how the college community will conduct themselves:

- \* Valuing Our Community
- \* Aiming High
- \* Showing Respect
- \* Being Safe



## Career News

### VOCATIONAL AND HIGHER EDUCATION NEWS

**Do you have an interest in careers in natural health?** Endeavour College of Natural Health is a private College located in Melbourne. The College offers courses in Naturopathy, Nutritional and Dietetic Medicine, Acupuncture, Myotherapy, and Complementary Medicine. Read the following stories from two nutrition graduates:

**How my Instagram account led Blackmores to my door:** Roberta Nelson learnt firsthand about the power of social media as a marketing tool when vitamins giant Blackmores contacted her out of the blue with an enticing offer after becoming a fan of her Instagram account, <http://bit.ly/2nbRgtZ>

**How I scored a job with Sarah Wilson before I graduated:** If there is one lesson 27-year-old naturopath Emily Seddon has learnt in her career, it is the power of 'just going for it'. Staying true to that mantra saw Emily secure a job working for bestselling author Sarah Wilson's business I Quit Sugar in her final year of studies, <http://bit.ly/2mYxcZS>

**Interested in sports physiotherapy?** Have you considered clinical exercise physiology as being a more suitable pathway than physiotherapy? "Where physiotherapists assist people with movement disorders using techniques to assist muscles and joints to move to their full potential, clinical exercise physiologists use exercise to prevent and rehabilitate disease and injury in the community". Deakin University has released a fantastic video giving an overview of their clinical exercise Master program <http://tinyurl.com/lmarcu>

**Science News:** Be inspired by the latest stories featured on RiAUS – Australia's Science Channel. Some of the topics covered this week include:

**WOMADelaide:** check out the coverage of WOMADelaide – the festival full of world music, sustainability and science.

**Careers Survey:** take the ultimate careers survey for your chance to win a SPHERO SPRK+ or an Apple TV.

**Potatoes on Mars:** Mars One candidate Josh Richards looks at some recent finding, which show whether potatoes can really thrive on Mars.

**Coral Bleaching:** with rising sea temperatures being the major cause, the security of coral reefs requires urgent and rapid global action.

Access the stories at this link: <http://bit.ly/2mil4Gd>

**Big Science, Small Science:** is a Facebook page run by RMIT Science students. The page is regularly updated with scientific articles, quizzes, facts and polls. Members are all invited to contribute, <http://bit.ly/2nC4tgy>

**Interested in trades?** Pre-apprenticeship training is a pathway to an apprenticeship. The Victoria University Trades College runs a tour of their facilities every Wednesday at their Sunshine Campus. They have experts from their trade programs available to discuss how to secure a trade career. Register your interest - [www.vu.edu.au/trades-tour](http://www.vu.edu.au/trades-tour)

**News from Monash University:** Bachelor of Media and Design: from 2018, Monash will offer the Bachelor of Media and Design. The degree aims to respond to the increasing global demand for graduates with a deeper understanding of the role of media in contemporary social, cultural and economic life and well-developed professional skills in communication. The course will offer specialisations focusing on journalism, media, screen and digital humanities. For information, email Georgina Gibson at [georgina.gibson@monash.edu.au](mailto:georgina.gibson@monash.edu.au)

**Mining engineering graduates in high demand:** According to the latest data from Graduate Careers Australia, mining engineers are the most employable engineering graduates. In order to meet global demand for highly skilled resources engineers, Monash has recently expanded its engineering courses and now offers degrees in renewable energy engineering, oil and gas engineering, geological engineering as well as mining engineering. For information, go to <http://bit.ly/2dh4PTt>

**Bachelor of International Business:** As part of the Bachelor of International Business students have the opportunity to spend a trimester of their degree at Japan's Osaka University and also participate in an internship at Mitsubishi. Currently there are twenty students on this tour. To learn more about the degree, go to <http://bit.ly/2nTsb4b>

Bachelor of Radiography and Medical Imaging: Students applying for the Bachelor of Radiography and Medical Imaging will no longer be required to sit a Multiple Mini Interview as part of the application process. Assessment will be determined by the applicant's ATAR score and completion of the required prerequisites. For more information, go to <http://bit.ly/2nTzPvi>

**Have you considered a career in construction (not just carpentry!):** There are many occupations within the construction industry. Everything from drain laying to floor finishing to cartography (mapping) to surveying. Look outside the square from electrical, plumbing and carpentry to ensure you are assessing all of your options. To explore occupations, undertake aptitude quizzes and view pathway maps, go to <http://bit.ly/2fMvqHH>

## UPCOMING EVENTS:

**Surveying workshops at RMIT:** RMIT is offering a series of free workshops for students interested in a career in land surveying. The workshops are practical one-hour sessions and will give students the opportunity to gain insight into the industry and see the current surveying equipment used in the industry including a digital level, total station, GPS and laser scanner.

They will also get the opportunity to do a practical activity measuring distance and use a precise surveying total station instrument to check their measurements. The next workshop is running on Thursday 6 April at RMIT's Field Station at Yarra Bend. For information and to register, go to <http://bit.ly/2nHMDz5>

**Deakin University Step on Campus:** 10:00am, 12:00pm & 3:00pm daily on 3<sup>rd</sup>, 6<sup>th</sup>, 10<sup>th</sup> & 13<sup>th</sup> April 2017 @ Melbourne Burwood Campus, Geelong Waurn Ponds Campus, Geelong Waterfront Campus, & Warrnambool Campus. You'll be taken on a 45-minute tour of your chosen campus, where you'll find out more about university life, study areas and be able to gain a feel for the campus from your tour guide, a current Deakin student. <http://www.deakin.edu.au/about-deakin/events/step-on-campus>

**Deakin University Medical Imaging, Optometry and Medicine Information Evening:** 12<sup>th</sup> April @ Geelong Waurn Ponds Campus. <http://www.deakin.edu.au/career-practitioners/events>

**William Angliss Institute Scholarships:** Applications open 10<sup>th</sup> April and close 25<sup>th</sup> May. The William Angliss Institute Foundation provides educational opportunities and financial assistance to support disadvantaged students in achieving their career ambitions. There are a range of scholarships available to students in Victoria, valued from \$2500 to \$3000. <https://www.angliss.edu.au/scholarships>

**RMIT Trades Tours:** 20<sup>th</sup> April, 25<sup>th</sup> May & 22<sup>nd</sup> June @ 10:00am – 11:30am. Find out more about how to start a career in the trades. <http://www.rmit.edu.au/events/all-events/tours/2017/march/trades-tour-march>

**Graduate Careers Australia – Career Profiles:** This website offers an insight into a range of careers in a multitude of industries. <http://www.graduatecareers.com.au/careerplanningandresources/exploringyourcareeroptions/careerprofiles/>

**Minerals Tertiary Education Council:** An online resource about careers in the minerals industry that features courses, webinars, a degree and career guide, and more. <http://www.mtec.org.au/>

**Sleek Geeks Science Eureka Prize for Secondary School Students:** This prize is awarded for a short film of 1-3 minutes that best expresses a scientific concept or tells a scientific story in an accessible and engaging way. Entries should be made by Friday 5<sup>th</sup> May 2017. <https://eureka-entry.australianmuseum.net.au/school-science/sleek-geeks-science-eureka-prize---secondary>

**The Green Army:** The Green Army is an Australian Government initiative open to young people including Indigenous Australians, school leavers, gap year students, graduates, and job seekers who are looking for employment to develop skills, undertake training and gain experience in the delivery of conservation. View current projects at: <http://www.environment.gov.au/land/green-army>

**Volunteer with Relay For Life:** Relay For Life is a fun and moving overnight experience that raises vital funds for Cancer Council's research, prevention and support services. Consider volunteering as a committee member or simply on the day of the Relay to help raise funds for the Cancer Council. Register as an individual or as a team online, or donate here: <https://www.relayforlife.org.au/>

**Wool4School Design Competition:** Open to all Australian school students from years 7 to 12, the Wool4School competition invites students to design an outfit for their favourite musician to wear on stage, using a minimum 80% Australian Merino wool. Entries from all age groups must be submitted by 26<sup>th</sup> July. <http://www.wool4school.com/>

**WorkSafe SmartMove:** WorkSafe SmartMove is a work health and safety educational resource for senior high school students and new young workers that are entering the workforce on a work placement, work experience, or as a school-based trainee/apprentice. <http://smartmove.safetyline.wa.gov.au/>

## UPCOMING EVENTS:

### MARCH:

**28: Inside Monash Seminars,** Monash University, Pharmacy, <http://bit.ly/2ki2NYw>

**30: Science in the City,** RMIT, Melbourne, <http://bit.ly/2mjulrn>

### APRIL:

**3: Forensic Science Careers Information Day,** Victorian Institute of Forensic Medicine, <http://bit.ly/2me1XIR>  
**3,6,10,13: Step Up,** Deakin University, campus tours, Melbourne, Warrnambool and Geelong campuses, <http://bit.ly/2mHwAJC>

**4 – 6 and 10 – 12: Airline Pilot Workshop,** Flight Academy Australia, [www.flyfaa.com.au](http://www.flyfaa.com.au)

**5: Year 10 Discovery Day,** Monash University, Clayton campus, <http://bit.ly/2n4QcaY>

**6: UMAT Exam Preparation Day,** St Vincent's Hospital, Melbourne, <http://bit.ly/2kPN0LN>

**6,11,12: Inside Monash Seminars,** Monash University, Design & Fine Art (6), Architecture (11), Interior Architecture (12), <http://bit.ly/2ki2NYw>

**7: A Day at Melbourne University,** Parkville campus, <http://bit.ly/2kDFjgs>

**7: Experience La Trobe University,** Melbourne campus, <http://bit.ly/1Rilhxz>

**26: Early Achievers Program,** Australian Catholic University – applications open for Year 12 students, <http://bit.ly/2kPLY2t>

**29: Nursing and Health Expo,** Australian College of Nursing, The Melbourne Convention and Exhibition Centre, <http://bit.ly/2me1NRF>

### Tracie Moore

**Leading Teacher, Careers and Pathways**

## Dates To Remember

Monday	Every	Breakfast Club, 8:15am – 8:45am (Dalaroo Learning House)
Tuesday	Every	Rushford's Uniform Shop, 8:30am – 10:30am (Argyle Administration)
Thursday	Every	School Banking
Thursday	Every	Rushford's Uniform Shop, 2:00pm – 4:00pm (Argyle Administration)
Friday	Every	Play Group, 9:00am – 10:50am (Community Room) Gold Coin Donation
Friday	Every	Breakfast Club, 8:15am – 8:45am (Dalaroo Learning House)
Tuesday	18 <sup>th</sup> April	Term 2 Begins
Thursday	20 <sup>th</sup> April	2017 Top Designs, 9:00am – 3:00pm, (Melbourne Museum)
Thursday	20 <sup>th</sup> April	Student School Photos
Friday	21 <sup>st</sup> April	Student School Photos
Friday	21 <sup>st</sup> April	Grade 3 – 6 Athletics Day, 9:00am – 3:00pm, (VUT Athletics Complex, Hoppers Crossing)
Friday	28 <sup>th</sup> April	Pathways to Employment Expo, 7:30pm – 4:00pm, (The Clocktower Centre – 750 Mount Alexander Road, Moonee Ponds)
Monday	1 <sup>st</sup> May	Sibling Photos

## Personal Property

- Students are discouraged from bringing valuable personal property to school (including mobile phones)
- If students choose to bring valuable personal property to school, they do so at their own risk
- The Department and the college do not hold insurance for personal property brought to schools and therefore it will not generally pay for any loss or damage property own risk.

## Grievance Procedure for Parents/Carers

- Step 1: Make an appointment to meet with the teacher.
- Step 2: If the issue is unresolved, make an appointment with a Sub-school Assistant Principal  
Ph. 9741 4202
- Step 3: To reach final resolution you may need to meet with the Assistant Principal on more than one occasion.
- Step 4: Make an appointment with the Principal via the Principal's Executive Assistant.
- Step 5: If you are still dissatisfied phone or write to the Principal.
- Step 6: After steps 1-5, if the matter is not resolved, then the issue can be raised with the Regional Office on 9291- 650



# **Manor Lakes College Easter Raffle**

## **5 Easter Hampers to be Won!**

Please find attached 10 raffle tickets to sell to go into the draw to win one of 5 Easter hampers

**Tickets are \$2 each or 3 for \$5**

Funds raised will go towards purchasing new musical instruments for the Performing Arts department.

Please return tickets and money by close of business on Tuesday 28<sup>th</sup> March.

The raffle will be drawn on Wednesday 29<sup>th</sup> March.

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**Please return raffle tickets and money to the college by Tuesday 28<sup>th</sup> March, 2017**

*(Please ensure the purchaser's name and phone number are written clearly on each raffle ticket)*

## **Manor Lakes College Easter Raffle**

Students Name: \_\_\_\_\_

Class: \_\_\_\_\_

☐ Raffle tickets and money enclosed \$ \_\_\_\_\_

☐ Please tick the box if you would like more raffle tickets to sell.

Parent/Carer Signature: \_\_\_\_\_

Date: \_\_\_\_\_

5V5 BASKETBALL  
TOURNAMENT

WYNDHAM  
BASKETBALL  
CHAMPIONSHIP

*WED APRIL 5TH*  
*10 am @ EAGLE STADIUM*

ALL TEAMS  
WELCOME  
AGES 12-25  
ENTRY \$1

REGISTER YOUR TEAM NOW

Register your team @  
[facebook/youthinwyndham](https://www.facebook.com/youthinwyndham)

For more information contact Jordan - 8375 2346

Youth  
Services

wyndhamcity  
city coast country

<http://youth.wyndham.vic.gov.au>  
facebook/youthinwyndham



**FRIDAY, 7TH OF APRIL 2017**  
**5PM-9PM**  
**WYNDHAM VALE COMMUNITY LEARNING CENTRE**  
 86 MANOR LAKES BLVD, MANOR LAKES 3024

**MARKET STALLS | FOOD TRUCKS**  
**LICENSED DRINKING AREA | MUSIC & ENTERTAINMENT**

For more information contact - Wyndham Vale Community Learning Centre Ph: 8734 8934  
 Email: [wyndhamvaleclc@wyndham.vic.gov.au](mailto:wyndhamvaleclc@wyndham.vic.gov.au)



**FREE HOTSHOTS LESSON**



Come try tennis at  
**WERRIBEE CENTRAL TENNIS CLUB**  
 Shaws Road - Galvin Park - Werribee

**BRING YOUR MATES!**



ENROLMENTS for TERM 2 2017  
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# SUPPORT US SUPPORT YOU

Purchase a 3 Game family membership for only \$50 (valued at \$240) and \$25 from every membership will be donated to your school fundraising.

## MEMBERSHIP INCLUDES:

- General access on Level 3 for any three North Melbourne home games at Etihad Stadium for 2 adults and 2 children
- Exclusive sticker pack and fixture
- 10% off merchandise at the Roo Shop
- Priority access to finals tickets in Weeks 1 to 3 (if North Melbourne is participating)
- Third priority access to purchase a Grand Final ticket (if North Melbourne is participating)

Complete all the fields below and return to:  
**North Melbourne Membership Services**  
**PO Box 158, North Melbourne VIC 3051**

### PERSONAL DETAILS

Name of School: \_\_\_\_\_  
Grade: \_\_\_\_\_  
Adult: \_\_\_\_\_ DOB: \_\_\_\_\_  
Address: \_\_\_\_\_  
Suburb: \_\_\_\_\_  
State: \_\_\_\_\_ Postcode: \_\_\_\_\_  
Email: \_\_\_\_\_  
Mobile: \_\_\_\_\_  
Adult: \_\_\_\_\_ DOB: \_\_\_\_\_  
Child: \_\_\_\_\_ DOB: \_\_\_\_\_  
Child: \_\_\_\_\_ DOB: \_\_\_\_\_

### PAYMENT

#### CARD DETAILS

☐ Visa ☐ MasterCard

Card #: \_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_

Expiry Date: \_\_/\_\_/\_\_

By taking up this offer for 2017 you are agreeing to the North Melbourne Football Club's privacy policy. Personal information you provide may be used by the Club for promotional and marketing purposes in accordance with our Privacy Policy, available at [www.nmfc.com.au/privacy](http://www.nmfc.com.au/privacy). By providing your personal information, you agree to such use by the Club. To update or change your privacy settings, log into your MyKangaroos account.



Dear Wellbeing staff,

I am writing to inform you about a local Social Skills program which may be of interest to some of your students. The *Secret Agent Society* (SAS) social skills program aims to teach children how to recognise emotions, calm down when they feel stressed or frustrated, and to better interact with others. Autism Aware has run the SAS program for three years and have the next group starting in Term 2, 2017.

### Who it can support

Children aged 8-12 years who experience difficulties with social and/or emotional understanding and skills. While many children with autism complete this program, it is suitable and helpful for any children with the abovementioned difficulties, with or without any diagnoses.

### Program Delivery

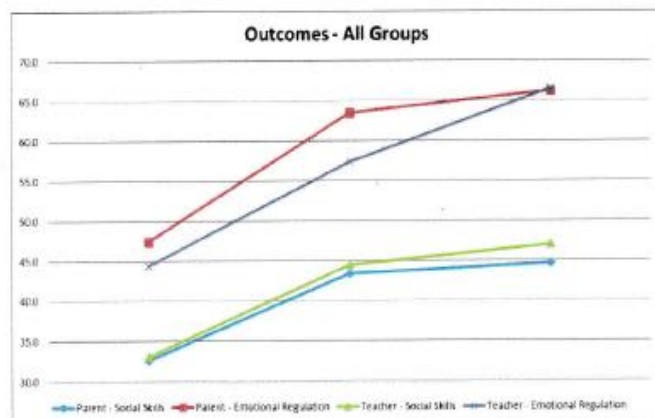
The SAS program is run by two psychologists who are accredited providers of SAS. The program runs for nine weeks with additional assessments and follow-up sessions. Autism Aware runs this program during school terms at their clinic in Hoppers Crossing; it can also be delivered through schools.

### Outcomes

Based on data collected from our previous SAS graduates:

On average, between pre-program and three-months post-program:

- Parents saw a 44% increase in their child's social skills, teachers report 51% increase
- Parents saw a 40% increase in emotional functioning, teachers report 50% increase



### About Us

Autism Aware is a well-established psychology practice in Melbourne's western suburbs. Our team includes clinical and general psychologists who provide:

- Assessment and interventions for children in pre-, primary, and secondary school.
- Psychological support for a wide range of emotional, behavioural, social, and developmental difficulties including assessments for Autism Spectrum Disorders.

Please find further information on the attached SAS flyer and at: <https://www.sst-institute.net/>

Please contact Jeandre Viljoen or Grace Hancock to express interest or seek further information:

**Autism Aware**  
**Wyndham Private Consulting Suites**  
**Level 1, 242 Hoppers Lane, Hoppers Crossing VIC 3030**  
**PH: (03) 9908 2998 FAX: (03) 8742 1235**

Kind regards,  
Grace Hancock

## Autism Aware - About Us

Autism Aware is a well-established psychology practice in Melbourne's Western suburbs. Our practitioners provide:

- Assessment and interventions for individuals aged two-years through to late adolescents.
- Psychological support for a wide range of emotional, behavioural, social, and developmental difficulties using only evidence-based frameworks and interventions.
  - This includes diagnostic assessments for Autism Spectrum Disorders.
- Services which are eligible for funding schemes including *Helping Children with Autism* (HCWA) through DSS (previously FaHCSIA) and Medicare.
- The Secret Agent Society Social Skills group program; please enquire for more information.

### Our team of practitioners include:

**Jeandré Viljoen**  
*Psychologist*  
*Director of Autism Aware*

With over 10 years' experience, both nationally and internationally, Jeandré has worked in various settings including education and program development. Jeandré's areas of interest are in assessment for diagnosis and support for Autism Spectrum Disorders, mood disorders, anxiety, grief and bereavement, social skills training and educational support.

**Sara Tatlow**  
*Clinical Psychologist*

Sara has worked as a psychologist for over 11 years in roles including Senior Clinical Psychologist and acting site coordinator for two CAMHS teams. Sara has a particular interest supporting individuals with mood disorders, anxiety and phobias, trauma related difficulties, peer relationships and bullying, and adjustment difficulties/disorders.

**Grace Hancock**  
*Psychologist*

Grace has worked in the Autism field for five years, including in early intervention centre and a CAMHS autism assessment team. Grace works closely with children/adolescents, their families, teachers, and other professionals to ensure comprehensive assessment and therapeutic outcomes. Grace also supports individuals with various mood, behavioural, interpersonal, or social difficulties.

Autism Aware is currently taking referrals for both assessment and ongoing psychological support. With recent increases in practitioner work hours, at present we have no waitlists.

**Appointments are available Monday to Friday, including until 8pm on Thursdays.**

Referrals can be forwarded to:

**Autism Aware**  
**Wyndham Private Specialist Consulting Suites**  
**Level 1, 242 Hoppers Lane, Hoppers Crossing VIC 3030**  
**PH: (03) 9908 2998    FAX: (03) 8742 1235**

Kind regards,  
Grace Hancock, on behalf of the team at Autism Aware.

**SECRET**  
**agent**  
**SOCIETY**

**SOLVING the MYSTERY**  
**of SOCIAL ENCOUNTERS**



## What is Secret Agent Society?

Secret Agent Society (SAS) is a breakthrough program for children aged between 8 and 12 who need to improve their social and emotional skills.

It was created by Australian clinical psychologist, Dr Renae Beaumont, and is regarded as one of the most successful programs of its kind in the world.

SAS captivates children with its espionage-themed games and eye-catching resources. Kids learn how to recognise and manage their own feelings, cope with change, detect other people's emotions, talk and play with others and deal with bullying.

An animated computer game, Helpful Thought Missile action game, Challenger board game and Secret Message Transmission Device game have all been designed to help children learn new social and emotional skills in a fun environment.

Parents and schools are an integral part of the group program and receive resources and support to help young 'secret agents' develop and practise new skills at home and school.

*A university randomised controlled trial found 76 per cent of children with Asperger's Syndrome who participated in SAS improved from showing clinically significant delays in social and emotional functioning to displaying these skills within the range of typically developing kids.*