



# Manor Lakes College

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Website: www.manorlakesp12.vic.edu.au

Before & After School Care: Quantin Binnah 9742-5040  
Uniforms: Rushfords/Noone's 9741-3211  
College Shop Hours: Tuesday 8.30am-10.30am & Thursday 2pm-4pm

# newsletter

No.7 Week Ending Friday 16th March 2018

**SUPERVISION IN THE YARD BEGINS AT 8:35 AM AND ENDS AT 3:15 PM**

## The Week Ahead

Friday 16 <sup>th</sup> March	Year 6 Interschool Sport, 9:00am – 10:56am
Wednesday 21 <sup>st</sup> March	Accelerated Football Program, 12:30pm – 3:15pm
Thursday 22 <sup>nd</sup> March	Term 1 SPE Cooking Program, 11:26am – 1:22pm
	Australian Grand Prix Driving Event, 9:00am – 3:00pm (Albert Park)
	Year 8 Girls Netball, 9:00am – 3:00pm
	Junior Boys Netball, 9:00am – 3:00pm
	Boys Under 16's Rugby, 9:00am – 3:00pm (Haines Reserve)
	Girls Under 16's Rugby, 9:00am – 3:00pm (Haines Reserve)
	Year 10 Drama Excursion, 9:58am – 3:00pm (Wyndham Cultural Centre)
Friday 23 <sup>rd</sup> March	Industry Investigations, 9:00am – 3:00pm (Mambourin, Werribee)

Dear parents and carers,

It has been a short but busy week in Supported Learning this week with our primary students working hard during Inquiry with planning for the Commonwealth Games on the last week of school and our secondary students beginning to travel train to local neighbourhood areas.

On Tuesday 27<sup>th</sup> March we would like to invite all families with children with a disability to a "Post-Schooling Careers Expo" being held at Warringa Special School at the Werribee Campus which is located at The Grange on Bethany Road. Here there will be a number of workshops run by local disability employment groups to provide information of potential options for your child for when they leave school. We hope to see many of our senior secondary families there.

Enjoy your weekend,

**Mel Vago**

**Principal – Supported Learning**

## 2019 - Information Sessions

We will be holding information sessions for parents wanting to enrol students in Prep and Year 7 for 2019. The details are as follows:

**PREP:** Monday 26th March, 9:00am and 5:00pm in the GORDON building.

**Year 7:** Tuesday 1<sup>st</sup> May, 6:30 – 7:30pm in the AMADEUS Hall.

## Parent Helpers

We need you!! Would you like to help in the classroom or around the school? Please speak to your classroom teacher and provide your Working With Children Check.

## Dates to Remember

<b>Tuesdays</b>	<b>Rushford's Uniform Shop, 8:30am – 10:30am (Argyle Office)</b>
<b>Thursdays</b>	<b>School Banking, 8:30am – 9:30am (Burley Griffin Office)</b>
	<b>Rushford's Uniform Shop, 2:00pm – 4:00pm (Argyle Office)</b>
Monday 26 <sup>th</sup> March	Street Photography Excursion, 8:50am – 3:00pm (Melbourne CBD)
	Toy Story Back in Time Incursion, 8:00am – 11:15am
Tuesday 27 <sup>th</sup> March	Go Ride A Wave – Ocean Grove, 8:50am – 3:00pm (Ocean Grove)
	Year 10 Great Outdoors – Group B Mount Cole Camp, depart 8:00am (Mount Cole State Forest)
	Torquay Leadership Day 8:30am – 3:15pm
Wednesday 28 <sup>th</sup> March	Year 10 Great Outdoors – Group B Mount Cole Camp, return 5:00pm
	Intermediate Boys Netball, 9:00am – 3:00pm (Eagle Stadium)
	Intermediate Girls Netball, 9:00am – 3:00pm (Eagle Stadium)
Thursday 29 <sup>th</sup> March	Term 1 SPE Cooking Program, 11:26am – 1:22pm
	Business Management Excursion, 8:30am – 1:00pm (Pacific Werribee)
	Industry Investigations, 9:00am – 2:00pm (Northern Bay College- Geelong)
Thursday 19 <sup>th</sup> April	Community Access & Shopping Program, 11:30am – 1:00pm (Various local Shopping Centres)
	Jack Edwards – Incursion, 12:24pm – 1:22pm (AMH)
Friday 20 <sup>th</sup> April	Years 3 – 6 Athletics Day, 9:00am – 3:00pm (VUT Athletics Complex, Hoppers Crossing)
Monday 23 <sup>rd</sup> April	Geelong Cats Real Skills Seminar, 8:15am – 12:30pm (Kardinia Park)
	Crime & Punishment Excursion, 9:00am – 3:00pm (Old Melbourne Gaol & Vic Police Museum)

## Term Dates

### Term Dates for 2018

TERM 1 Monday 29 January (students commence Weds 31 Jan)-Thursday 29 March: **9 weeks**

TERM 2 Monday 16 April-Friday 29 June: **11 weeks**

TERM 3 Monday 16 July-Friday 21 September: **10 weeks**

TERM 4 Monday 8 October-Friday 21 December: **11 weeks**

## Primary Assembly

There will be an assembly for all P-6 students on Friday 23rd March at 2pm in the Burlee Gym.

## Easter Hat Parade

We will be having an Easter Hat Parade on Thursday 29th (Last day of Term One) at 12:30pm. We will keep you posted with more information closer to the day.

## Hats - SunSmart

Manor Lakes College is a SunSmart school and students are required to wear a broad brimmed school hat at all times whilst in the playground – this includes during recess and lunchtime, as well at physical education and sports sessions. Please ensure that your child has applied sunscreen prior to coming to school. Children without a hat will be asked to spend their recess and lunch breaks in the shaded areas. Hats can be purchased from the office at a cost of \$15.50.

## Primary Open Classrooms

**Open Classrooms** - What did you think? What would you like to see more of? Feedback link here:

[https://docs.google.com/forms/d/e/1FAIpQLSfjuTHvX9-b8HskO0o5V\\_jPpDI25s2M958dJk2MwLATfvLptQ/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSfjuTHvX9-b8HskO0o5V_jPpDI25s2M958dJk2MwLATfvLptQ/viewform?usp=sf_link)

# BYOD Reminder – Secondary 7-12

## “Bring Your Own Device” Program

Our BYOD Program forms part of the College's digital technologies curriculum for your child. As a result of this, it's the College's belief that your child take part in the program. By doing so, your child will be able to take full advantage of planned lessons involving digital technologies to further enrich and enhance your child's learning experience, both in the classroom and at home.

### Minimum specs recommended:



#### Windows Laptops

Any brand  
Windows 10  
4GB RAM Minimum  
128GB Hard Drive  
Minimum



#### Apple Macbook Laptops

10.10 OSX or newer  
4GB RAM Minimum  
128GB Hard Drive  
Minimum

**Any brand  
is okay\***

Whilst the above specifications are the minimum that devices must meet to be utilised at the College, students are more than welcome to bring devices with higher specifications as long as they meet the device types listed above. This ensures that the College can maintain a consistent and orderly classroom environment that is conducive to learning.

Depending on student subjects and career pathways (e.g. Multimedia, Media, Photography), considering a device with higher specifications could be beneficial to student learning and outcomes. The College ICT Helpdesk team are always happy to provide advice if you're considering purchasing a device for specialised subjects or individual requirements.

We will continue to support existing iPads owned by students in Years 7-10, but recommend that students switch to a suitable laptop device when able, especially in Years 11 and 12.

**Mobile phones are not an accepted BYOD device.**

For more information go to:  
[bit.ly/byodsecondary](http://bit.ly/byodsecondary)



# HEARTS

HUMANITARIAN ENTRANTS  
AND REFUGEES  
TRANSITIONAL SUPPORT

## STRENGTHENING SOUTH SUDANESE COMMUNITY AND FAMILY CONNECTION PROJECT



### WHAT IS IT?

The South Sudanese community, like any other humanitarian entrant community, have faced a range of complex challenges. These include pre settlement and post settlement experiences as well as language and cultural barriers that continue to impact on their children, families and the community throughout their settlement in Melbourne and around Australia. It is therefore essential that community connections and social capital are recognised and nurtured in order for the community to directly address issues in collaboration with the wider local community and services.

**drummond street services** uses a strengths based approach to identify the strengths of children, their parents and the communities, while engaging with people from diverse communities and working with communities to promote wellbeing.

### HOW DOES IT WORK?

The Strengthening Community and Family Connection Project seeks to engage the parents, young people and the community through forums to better suit their needs. Through community engagement, the project aims to facilitate leadership forums focused on intergenerational conflict, community and family connection activities that foster a sense of identity and belonging, to prioritise the needs, expectations and skills of the South Sudanese Community members in Wyndham and around.

The Project Activities will involve:

- » Parents and young people workshops x 3 per year
- » Community leaders forums x 3 per year
- » Community and family connection events x 4 per year
- » There will be ten community sessions in total (one monthly)

COMMUNITY • ENGAGEMENT • EMPOWERMENT • COLLABORATION

If you would like more information about this project and services, please contact  
**James Mayen** (Project Coordinator/Child and Family Practitioner)  
03 9908 2998 • 0477 600 445 • james.mayen@ds.org.au

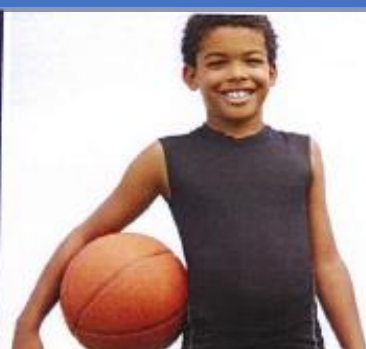
**Wyndham Private Medical Centre**  
Level 1, 242 Hoppers Lane, Wertheim  
[www.ds.org.au](http://www.ds.org.au)

 **drummond  
street services**  
wellbeing for life

 **HEARTS**  
Humanitarian Entrants and  
Refugees Transitional Support

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 **wyndhamcity**  
city.coast.country

# FAMILY FUN DAY



The South Sudanese community, like other humanitarian entrants, face a range of complex and rapid social changes. These include post settlement and cultural barriers that continue to impact negatively on children, families and the whole community. It is therefore essential that family connections help to address isolation and health and wellbeing concerns in collaboration with the local community and services.

Fun activities include:

- » Jumping Castle
- » Face Painting
- » Soccer or Basketball
- » Balloons
- » Entertainment
- » BBQ

**Saturday  
24 March 2018**

**10:30am to 2:30pm**

**2-20 Howqua Way,  
Wyndham Vale**

(Our Lady of the Southern  
Cross Primary School)



*Friendly supported by*



For more information call James Mayen on 9663 6733 or 0477 600 445



**drummond  
street services**  
wellbeing for life

t: (03) 9663 6733 • e: [enquiries@ds.org.au](mailto:enquiries@ds.org.au)



**Stepfamilies Australia**  
Strengthening Stepfamilies



# INFORMATION FOR PARENTS

PREMIER'S ACTIVE APRIL 2018



Customise your Active April experience with the all-new My Local

Get the Active April app for iOS & Android.



## ACTIVE CHILDREN. ACTIVE FAMILIES.

Premier's Active April encourages Victorian families to get healthy and active by participating in 30 minutes of physical activity a day for the month of April and beyond. Jump on board and support our school.

### Register and help our school win:

- ▶ A range of **Sportsmart** vouchers for schools with the highest registration numbers to buy new school equipment and resources
- ▶ One of 15 **VIS** visits with high profile athletes
- ▶ **ACTIVE** Map school bike ed course
- ▶ \$2000 **Sportsmart** voucher for most active school

### You will also receive:

- ▶ 10 free **YMCA** passes or access to a local government recreation facility
- ▶ 15% off at **Sportsmart** in store and online
- ▶ One hour tennis court hire at **Melbourne Park** or **Albert Park Reserve**

- ▶ A 2 for 1 ticket offer to **SEA LIFE Melbourne Aquarium**
- ▶ A 2 for 1 ticket offer to **Otway Fly Treetop Adventures**
- ▶ A 2 for 1 ticket offer to **Legoland Discovery Centre Melbourne**
- ▶ 15% discount for **Rock Up Netball** programs
- ▶ 20% discount for **Netball Victoria** school holiday clinics
- ▶ 5 free group dance lessons at a **DanceSport Victoria** centre
- ▶ A 2 for 1 green fee offer at **Golf Victoria** courses
- ▶ 10% off **Term 2 MyGolf Junior** program
- ▶ Entry into the draw to win tickets to the **2019 Australian Open Tennis Finals\***

Register today – [activeapril.vic.gov.au](http://activeapril.vic.gov.au)



Enjoy quality family time for free just by getting involved. Create a family team and see what different activities you can achieve together.

### Register your family and you could win:

- An iPad mini
- One of three family passes to Legoland
- Annual family memberships to SEA LIFE Melbourne Aquarium
- Family passes to Melbourne Zoo, Werribee Zoo and Healesville Sanctuary
- \$500 Sportsmart voucher
- Family weekends at Anglesea YMCA Recreation Camp

### Physical activity during childhood can help with:

- Developing a healthier heart and lungs
- Building stronger bones and muscles
- Improving motor skills
- Improving self-esteem
- Reducing stress and anxiety
- Improving school performance
- Improving concentration

### What you can do as a parent:

- Be active with your children
- Turn off the TV and computer, and limit screen time
- Plan fun activities with your children – let them choose
- Find out what our school is doing to see what you can do at home
- Check out local offers and events in our area

### Suggested activities you can do as a family:

- Walk to school
- Walk the dog
- Go for a family bike ride
- Explore where you live and walk a different route
- Do the family chores together – shopping, washing the car
- Set up a backyard obstacle course
- Get some chalk and make a downball or hop-scotch court on your driveway
- Play a game of backyard cricket

- Play kick-to-kick with the footy or soccer ball
- Play wall tennis
- Play backyard volleyball with a balloon. Try to keep the balloon up!
- Throw a frisbee
- Jump rope
- Hula hoop
- Play hide and seek
- Head to the local playground
- Fly a kite
- Perform an activity during every ad break on TV
- Make your own treasure hunt
- Get a pedometer for everyone in the family and compare your steps
- Set goals and rewards
- Create your own motivational posters to put up around the house

### Get your Active April Family Planner

Download and print your family planner with 30 fun family activities to kick start your Active April. Set a family challenge, track your progress and see how many activities you can do!



MAJOR PARTNERS

