



Manor Lakes College

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College Shop Hours: Tuesday 8.30am-10.30am & Thursday 2pm-4pm

newsletter

No.6 Week Ending Friday 9th March 2018

SUPERVISION IN THE YARD BEGINS AT 8:35 AM AND ENDS AT 3:15 PM

The Week Ahead

Friday 9 th March	Year 6 Interschool Sports, 9:00am – 10:56am
	Year 8 Boys Volleyball, 9:00am – 3:00pm
	Year 8 Girls Volleyball, 9:00am – 3:00pm
	Travel Training, 8:00am – 5:00pm (Werribee)
	Year 5/6 Assembly, 2:00pm (Amadeus)
Tuesday 13 th March	Primary Open Classrooms, 3:00pm
Wednesday 14 th March	Accelerated Football Program, 12:30pm – 3:15pm
Thursday 15 th March	Industry Investigations, 9:00am – 3:00pm (Pet & Animal Vet, Ballarat)
	Term 1 SPE Cooking Program, 11:26am – 1:22pm
	Werribee Primary Schools Swimming Carnival, 9:00am – 3:00pm (Werribee Outdoor Pool)
Friday 16 th March	Year 6 Interschool Sport, 9:00am – 10:56am

Dear Parents and Carers,

As we pass the halfway point in the term (yes, already!), it is clear to see students at Manor Lakes College have settled into their learning with many already working hard and achieving results.

Our focus continues to be on High Expectations and a Growth Mindset, something you can see and hear all around the Primary Sector.

The Primary Sector was abuzz on Monday with its first of several Information Sessions and Open Classrooms. Our Primary School Captains are a feature of this newsletter and are just the beginning of many student leadership roles to play a part in shaping our school in 2018.

Kim McCabe
Primary Principal P – 6

Assemblies

The following assemblies have been confirmed for the remainder of Term One:

Friday 9th March: Year 5 & 6, 2:00pm - in Amadeus

Friday 23rd March: P-6, 2:00pm - in Burlee Gym

School Captains will be presented with their badges this Friday and then run the rest of the Year 5/6 assembly, with a focus on High Expectations and Student Leadership.

Sports Captains will be introduced and then give match reports from Friday Sport.

- Volleyball: Cheza Khan & Taylah Rose
- Softball: David Tuariki & William Kronk
- Bat Tennis: Amelia Smetham & Meghana Kakarla
- Basketball: William Guiliamse & Hannah Andrews
- Cricket: Gemma Todd & Seth Jeffrey

Dates to Remember

Tuesdays	Rushford's Uniform Shop, 8:30am – 10:30am (Argyle Office)
Thursdays	School Banking, 8:30am – 9:30am (Burley Griffin Office)
	Rushford's Uniform Shop, 2:00pm – 4:00pm (Argyle Office)
Wednesday 21 st March	Accelerated Football Program, 12:30pm – 3:15pm
Thursday 22 nd March	Term 1 SPE Cooking Program, 11:26am – 1:22pm
	Australian Grand Prix Driving Event, 9:00am – 3:00pm (Albert Park)
	Year 10 Drama Excursion, 9:58am – 3:00pm (Wyndham Cultural Centre)
Friday 23 rd March	Industry Investigations, 9:00am – 3:00pm (Mambourin, Werribee)
Monday 26 th March	Street Photography Excursion, 8:50am – 3:00pm (Melbourne CBD)
	Toy Story Back in Time Incursion, 8:00am – 11:15am
Tuesday 27 th March	Go Ride A Wave – Ocean Grove, 8:50am – 3:00pm (Ocean Grove)
	Year 10 Great Outdoors – Group B Mount Cole Camp, depart 8:00am (Mount Cole State Forest)
	Torquay Leadership Day 8:30am – 3:15pm
Wednesday 28 th March	Year 10 Great Outdoors – Group B Mount Cole Camp, return 5:00pm
	Intermediate Boys Netball, 9:00am – 3:00pm (Eagle Stadium)
	Intermediate Girls Netball, 9:00am – 3:00pm (Eagle Stadium)
Thursday 29 th March	Term 1 SPE Cooking Program, 11:26am – 1:22pm
	Business Management Excursion, 8:30am – 1:00pm (Pacific Werribee)
	Industry Investigations, 9:00am – 2:00pm (Northern Bay College- Geelong)
Thursday 19 th April	Community Access & Shopping Program, 11:30am – 1:00pm (Various local Shopping Centres)
	Jack Edwards – Incursion, 12:24pm – 1:22pm (AMH)
Friday 20 th April	Years 3 – 6 Athletics Day, 9:00am – 3:00pm (VUT Athletics Complex, Hoppers Crossing)

Introducing our School Captains for 2018

Brooke Rose 6A

"When I found out I was Vice School Captain I felt a sense of achievement because I knew it was a tough selection process. I am looking forward to showing respect and listening to ideas".

Kalan Rose 6F

"Now that I am School Captain I am looking forward to using new ideas from students and doing programs based on everyone's suggestions".



Sammie Tat Phan 6B

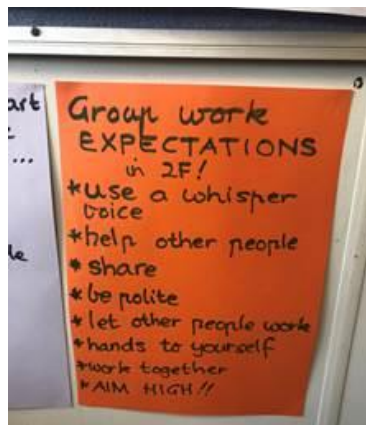
"When I found out I was Vice School Captain I was surprised, because in the past I haven't worked as hard but this time I really wanted to change that and put in more effort".

Santi Bagatsing 6B

"Since becoming School Captain I am looking forward to meeting more people in our Manor Lakes community like; students, teachers, guests and visitors".

High Expectations

Students and teachers are continuing their work around High Expectations. Together, classrooms are discussing and recording how to ensure a safe and orderly environment for everyone. Each classroom has unpacked expectations for cooperative and independent learning, demonstrating different skills required for both. Teachers are instilling the Growth Mindset belief and all students have independent language goals for reading.



Open classrooms and Information Sessions

Open Classrooms

The first of our Open Classrooms started on Monday at 3:30pm. Many students and parents stayed after school for an extended playground play before excited students invited their parents inside to show their learning. These Open Classrooms will occur at varied times throughout the year to provide many opportunities for families to visit our school and see their child/ren's work. Please come along next Tuesday 13th March straight after school from 3:00pm if you would like to view your child's classroom, learning goals and to meet their teacher.



Information Sessions

The first of our Information Sessions also started on Monday at 3:00pm. The focus for these sessions has been around the Language Intervention (Reading) and the LOTE (Hindi and Indonesian) programs. A repeat of these sessions will occur next Tuesday 13th March straight after Open Classrooms at 3:30pm if you would like to attend. A brief copy of the information will also be sent home next week. Other information sessions are being planned for different times of day to provide opportunities for families to visit our school and learn about our vision and focus as educators. Thank-you to Abi, Peter and Rachel for running these sessions.

Clean up Australia Day

What rubbish did Year 7B collect in ten minutes?

On the 2nd of March, Year 7B spent the last ten minutes of their English lesson picking up the rubbish around their building and documented what they collected.

Item	Number of Items
Plastic wrappers	12
Plastic bags	2
Balloons	2
Plastic bottles	11
Straws	5
Plastic cutlery	2
Glass bottles	7
Aluminium cans	7
Chip packets	2
Juice boxes	3
Food scraps	3
Paper	3
Schools supplies (pens, rulers)	9

Total pieces of rubbish collected: 68

Year 7B would like to share their efforts in hopes that we can realise where our rubbish ends up, after we throw it away.
Thank you.

Prep - Year 6 Buddies

It has been a very smooth transition from Kindergarten to school for all of the Prep students. I would like to acknowledge the wonderful work of the Prep Team for their thorough planning into the start of the school year. The introduction of a 'Year 6 Buddy' has made a positive impact in the classroom and already we see 'Year 6 Buddies' helping the preps in the playground. Thank-you to all other staff who have supported our teachers in their efforts, parents for the support you have provided to your child/ren and to the children who have just been magnificent.

Hats- SunSmart

A reminder that all Primary students should be wearing their broad brimmed hat when outside. Children without a hat will be asked to spend their recess and lunch breaks in the shaded areas. Hats can be purchased from the office at a cost of \$15.50



Career News

CAREERS IN MUSIC PHOTOGRAPHY

Love photography and music? Have you considered combining these passions and pursuing a career as a music photographer? Michelle Grace Hunder is a leading music photographer based in Melbourne.

She has worked with musicians such as Briggs, Seth Sentry, Urthboy, Camp Cope, Missy Higgins, Illy, and Gang of Youths.

Michelle is self-taught and didn't pick up a camera until the age of 31. She initially studied sports science at university and worked in sports marketing and event management. She then worked in film before finding her true passion in music photography.

Not only does Michelle shoot music events, she also tours with musicians, and shoots promotional material for album covers, press releases and tour posters. The Weekly Career News recently asked Michelle to provide tips for young people starting out in a career in music photography:

"It can be daunting when you first start as there are so many people trying to make it in music photography.

- Start shooting for a local publication and request the gigs no one else wants to shoot. Smaller less glamorous gigs are where you get the best practice for later on.
- And shoot LOTS! I was shooting 3-4 gigs a week when I first started. I did so many live shoots in the early days just to get known and get my name out there. That was really important. There are no short cuts, its really just about getting really good so people notice your work.
- Develop your style and what makes your photos stand out from others! Don't copy other people, work out your own vibe!"

To view Michelle's work, go to <http://michellegracehunder.com/>

To research photography courses in Victoria, go to www.vtac.edu.au and use the course search function.

MUSCULOSKELETAL OCCUPATIONS

Do you love health and science and would like to diagnose and treat musculoskeletal issues? You may consider exploring the following occupations:

Osteopathy: You can study undergraduate osteopathy at:

- RMIT, <http://bit.ly/2an8mBb>
- Victoria University, <http://bit.ly/2anuNQp>

Chiropractic: You can study undergraduate chiropractic at:

- RMIT, <http://bit.ly/2aegMEX>
- CQU, <http://bit.ly/2e4jJQI>

Myotherapy: You can study undergraduate myotherapy at:

- Southern School of Natural Therapies, <http://bit.ly/2lQzHfm>
- Endeavour College of Natural Health, <http://bit.ly/2mtKmJM>

Physiotherapy: You can study undergraduate physiotherapy at:

- La Trobe University, <http://bit.ly/1KYy9XY>
- Australian Catholic University, <http://bit.ly/23UACtx>
- Charles Sturt University: <http://bit.ly/1MNIxVs>
- Monash University: <http://bit.ly/2fkjoFM>

Podiatry: You can study undergraduate podiatry at:

- La Trobe University, <http://bit.ly/1P8ko9J>
- Charles Sturt University: <http://bit.ly/1KRKr4i>

Massage, Remedial Massage and Myotherapy: you can undertake vocational courses at most TAFE institutes.

You may also like to explore **Prosthetics and Orthotics** as a career. You can study the Bachelor of Applied Science/Master of Clinical Prosthetics and Orthotics at La Trobe University, Bundoora, <http://bit.ly/2mtHtPM>

VOCATIONAL & HIGHER EDUCATION NEWS

Passionate about photography? Students at the Photography Studies College, Melbourne, recently undertook an international study tour to Japan. Read about their experiences at this link - <http://bit.ly/2l0e7AC>

Gap Year in the Army, Navy and Air Force: The Australian Defence Force Gap Year program provides an opportunity for young Australians who have finished Year 12 to experience military training and lifestyle whilst gaining new skills and pay over their Gap Year in the Army, Navy or Air Force. You will earn more than \$45,000, have subsidised accommodation and full medical and dental coverage. There are 14 roles available and applications are now open. For more information and to apply, go to <http://bit.ly/1dVvxxV>

Do you enjoy learning about animation AND science? With rapid advances in the world's understanding of human biology, we can start to paint a very real picture of what happens inside our bodies every time we walk outside. At the Walter and Eliza Hall Institute of Medical Research (WEHI) in Victoria, award-winning artist Drew Berry leads a team of biomedical animators who bring to life the incredible activity that goes on deep inside the human body. Their latest biomedical animation, Sunshine Vitamin, shows you just how important sunshine is to your health, and the processes it triggers to keep you strong, <http://bit.ly/2n4vvsy>

Australian Apprenticeship Ambassadors: Join this Facebook page to read about the stories and achievements of young Australian's who have found career success through their traineeship or apprenticeship- <http://goo.gl/2hcuGS>

RMIT Apprenticeships and Traineeships on Facebook: Keep up to date with industry news, trade careers, and pre apprenticeship courses at RMIT by joining their Facebook page- <http://bit.ly/2lN4064>

Industry experience at Australia National University (ANU): ANU engineering and computing students take part in work experience, internships, and industry partnerships, applying their knowledge and skills to real-world situations. Students connect with mentors, build wide professional networks, and confirm their career goals. The following video promotes the industry experience opportunities for prospective students, <http://bit.ly/2FoceiM>

Articles from The Footnotes website:

Careers in Psychology

- If you want to be a psychologist, do this instead
- A look inside the world of phobias
- What do you actually learn studying psychology?
- Sports hypnotherapy – the job you didn't know existed
- What's the difference between criminal and forensic psychology?
- Psychology was not quite the three-year degree I thought it would be – find out how long it actually takes
- What is studying psychology like?
- Psychology, nursing, or social work?

To read the articles, go to <http://bit.ly/2Ffw5kY>

Latest articles from the Careers with STEM website:

- **How can science deliver creative careers?** Think science + humanities = creative careers, <http://bit.ly/2FRMhFY>
- **7 paths to computer science careers:** meet 7 amazing people working in different computer science fields, <http://bit.ly/2FTERCn>
- **Big Data leads to big careers** – learn about this amazing branch of computer science, <http://bit.ly/2hMJMtC>
- **Bioinformatics:** Big Data meets biology – a career for students passionate about IT and science, <http://bit.ly/211VbBC>
- **Mythbusting jobs – careers in care** (social work and nursing), <http://bit.ly/2oPIMYH>

Victoria University starts their new first-year model: 5000 students recently began their studies in the new innovative first-year model at Victoria University. Already embraced by progressive educational institutions in Canada, Sweden and the United States, this internationally proven teaching model is designed to enhance the experience of first-year students on a scale not seen before in Australia. To learn about the new model, go to <http://bit.ly/2FSk8OZ>

Considering studying a Bachelor of Science in the future? The Bachelor of Science is an excellent choice of degree for students and one of the most popular choices in the country. The following are three Bachelor of Science programs to consider.

1) Swinburne University, Bachelor of Science (Professional): This course offers 6 majors, and 9 minors. Students are guaranteed one-year of paid industry experience as part of the degree, extending the time it takes to complete the course by only one semester (total of 3.5 years). Applicants will need to achieve an ATAR of approximately 80 to be considered for admission, and this could rise for the 2019 intake, <http://bit.ly/2oGSaOO>

2) Deakin University, Bachelor of Science (Global Science and Technology Program): The Bachelor of Science offers a choice of 13 majors. Student who achieve an ATAR of 80+ are eligible to apply for the Global Science and Technology Program. This program enables students to experience science outside of the classroom by undertaking global study options, <http://bit.ly/2oIVl6S>

3) Monash University, Bachelor of Science: This course offers a choice of 27 extended majors, majors and minors. Students can build their graduate employability skills through the following options:

- **Science Schools Project** – students are placed in teams in a school environment where they teach science to school students. This immersive experience develops highly transferable skills including communication,

project and time management and team-work.

- **Science Industry Placement Unit** – this credit unit enables students to undertake a science-based industry placement of at least 80hrs. Students have the opportunity to put into practice the knowledge and skills developed in their course.
- **Career Skills for Scientists** – this unit uses work-related activities to enhance transferable skills including commercial awareness, leadership, teamwork and communication. Through scenarios and creative problem solving activities, students learn about the business environment.

Course information, <http://bit.ly/2FcKR84>

News from Collarts: Collarts is a private college in Melbourne offering courses in Fashion Marketing, Entertainment Management, Music Performance, Music Production, Entertainment Journalism, Audio, and Content Creation. The following are the latest articles from Collarts:

- From Drexel University to Collarts: what it feels like to study abroad, <http://bit.ly/2Fk87UO>
- Ed Sheeran arrives a Collarts with 'Divide' pop-up stores, <http://bit.ly/2FkjhJg>
- Dr Rachel Matthews discusses fashion marketing, <http://bit.ly/2I4zpxc>
- RSVP to Collarts' drumming workshops, <http://bit.ly/2FySpTy>

The next open day at Collarts will be held on the 12th of May, <http://bit.ly/2oyTR03>

UPCOMING EVENTS

Flight Academy Australia offers students with an interest in aviation an Airline Pilot Workshop program that will run during the school holidays between 3rd – 5th April at the Essendon Airport. During the program, you will receive:

- Information about training and course options
- An introduction into aviation ground theory
- Two flight training lessons and a log book
- 30 minutes simulator time.

For details about the event, go to www.flyfaa.com.au

RMIT Trades Tours: Students interested in finding out more about how to start a career in the trades are invited to come along on a free tour of RMIT's trade's spaces with one of their expert guides. Tours are a great opportunity to:

- Explore mock construction sites
- Learn about the different study options and pathways
- Experience specialised facilities including refrigeration CO2 labs and plumbing pits

Tours are run every Thursday between 10.00am – 11.30am by appointment at the City campus. For information and to register your place, go to <http://bit.ly/2FaH5jE>

Inside Monash Seminars: Monash University will be running a series of free 90-minute information seminars between April – September that aim to showcase different courses and faculties at the university. Prospective students and their families are welcome to attend. The following seminars are running in April:

- 19: Design
- 19: Law

- 23: Fine Arts
- 24: Biomedical Science and post graduate Medicine (MD)
- 26: Architecture
- 26: Business
- 26: Science

For information and to register for the sessions, go to <http://bit.ly/2FeDiBF>

Explore Deakin University: During the school holidays you are invited to experience Deakin University through their Step on Campus program. You will be taken on a 45-minute tour of your chosen campus by a current Deakin University student. You will be able to:

- Tour the campus of your choice (Melbourne, Geelong Waterfront, Geelong Waurn Ponds, Warrnambool).
- Find out about university life, including clubs and societies and student services.
- Learn about courses
- Ask about on campus accommodation

The tours will run on each Monday and Thursday of the school holidays. To find out more and to register, go to <http://bit.ly/2mHwAJC>

Flight Centre Travel Academy Info Sessions

These information sessions have been designed to give you all of the information you need to get started on your study journey with Flight Centre Travel Academy. At these sessions, you can find out more detail about the courses, check out the campus facilities and meet with the facilitation team.

Melbourne:

Friday 9 March, 10am

Friday 23 March, 10am

Register to attend – <http://www.fctravelacademy.com/information-sessions>

Australian Apprenticeships: Practice Aptitude Quizzes

If you're planning to undertake an apprenticeship, you'll most likely need to undertake an aptitude quiz to demonstrate you have an appropriate level of literacy and numeracy. This site from Australian Apprenticeships Pathways has practice quizzes you can do to test yourself against the standard.

See them here – <https://www.aapathways.com.au/practice-aptitude-quizzes>

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| --- |
| Qantas Group Pilot Academy In 2019, Qantas Group is establishing a pilot academy. This training is appropriate for high school or university graduates with a strong academic performance. You can register your interest online to be kept updated about the new pilot academy. Find out more – <https://www.qantas.com/au/en/about-us/our-company/pilot-academy.html> |

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Health professionals talk about why they love their jobs

My Health Career has a few great interviews with health professionals about the reasons they love their jobs.

Check them out – there are [psychologists](#), [pharmacists](#), [exercise physiologists](#), [doctors](#), [dentists](#) and [nurses](#).

Job Jumpstart

A government initiative that's been around for a little while - Find new ways to explore careers and prepare for work by reading articles and using the tools provided. All the information on Job Jumpstart fits into three themes: Looking for a job; Building a career; and At work.

Visit the website - <https://www.jobjumpstart.gov.au/>

A letter from our Principal

Dear Parents and the wider Manor Lakes School Community,

In the Education State, we achieve excellence by consistently focusing on improving the achievements of learners across Victoria, whether it is through improving the quality of educational services or changing the way we teach. The most important thing we can do to improve student outcomes is to develop and improve the skills of our teachers.

The Victorian Government will continue to provide opportunities to develop professional, passionate teachers and principals and equip them with the right knowledge and skills to meet the needs of their students. To ensure we support the learning and development of not only our students, but our teachers too; we are committed to providing professional development opportunities for our teacher workforce.

Teachers will spend four days per year to further develop their skills in areas that are aligned to the school priorities. Students will directly benefit from these improvements in their daily learning. The professional practice days are part of the Victorian Government Schools Agreement 2017. Each full time teacher is entitled to one day per term (four days per year), to focus on the improved delivery of high quality teaching and learning.

We know children sometimes find it challenging when their teacher is away from the classroom. Equally, it's important that teachers take the time to focus on improving their professional practice because their learning directly impacts on your child's learning experience.

We are scheduling the days ahead of time and have planned the days so that there is minimal impact to student learning. There will be a learning plan in place to ensure that your child's education continues as usual.

If you have any questions, please do not hesitate to contact me, or a member of the Principal Class Team in your child's Sub School.

Regards,

Steve Warner

College Principal

Community News

COLES SPORTS FOR SCHOOLS IS BACK!

We are asking our school community to start collecting the 'sports for schools' vouchers when you do your regular shop at Coles.

Please return your collected vouchers to the collection box at the Burley Griffin office. Manor Lakes Coles will also have a collection box available.

Let's get collecting- ask your Grandparents, Aunts and Uncles, neighbours and friends to start collecting for Manor Lakes College.

Please email any questions to faces@manorlakesp12.vic.edu.au



SAVE THE DATE

WALK FOR THE WEST

SUPPORTING THE NEW JOAN KIRNER WOMEN'S AND CHILDREN'S HOSPITAL



SUNDAY 25 MARCH 2018

\$20 for adults (early bird \$15) Children 16 and under are free.
2km, 5km or 10km walk or run.
Footscray Park, Ballarat Road, Footscray.

Register online:
walkwest.com.au



INFORMATION FOR PARENTS

PREMIER'S ACTIVE APRIL 2018



Customise your Active April experience with the all-new My Local

Get the Active April app for iOS & Android.



ACTIVE CHILDREN. ACTIVE FAMILIES.

Premier's Active April encourages Victorian families to get healthy and active by participating in 30 minutes of physical activity a day for the month of April and beyond. Jump on board and support our school.

Register and help our school win:

- ▶ A range of **Sportsmart vouchers** for schools with the highest registration numbers to buy new school equipment and resources
- ▶ **One of 15 VIS visits** with high profile athletes
- ▶ **ACTIVE Map** school bike ed course
- ▶ **\$2000 Sportsmart voucher** for most active school

You will also receive:

- ▶ 10 free **YMCA** passes or access to a **local government recreation facility**
- ▶ 15% off at **Sportsmart** in store and online
- ▶ One hour tennis court hire at **Melbourne Park** or **Albert Park Reserve**

- ▶ A 2 for 1 ticket offer to **SEA LIFE Melbourne Aquarium**
- ▶ A 2 for 1 ticket offer to **Otway Fly Treetop Adventures**
- ▶ A 2 for 1 ticket offer to **Legoland Discovery Centre Melbourne**
- ▶ 15% discount for **Rock Up Netball** programs
- ▶ 20% discount for **Netball Victoria** school holiday clinics
- ▶ 5 free group dance lessons at a **Dancesport Victoria** centre
- ▶ A 2 for 1 green fee offer at **Golf Victoria** courses
- ▶ 10% off **Term 2 MyGolf Junior** program
- ▶ Entry into the draw to win tickets to the **2019 Australian Open Tennis Finals***

Register today – activeapril.vic.gov.au



Enjoy quality family time for free just by getting involved. Create a family team and see what different activities you can achieve together.

Register your family and you could win:

- An iPad mini
- One of three family passes to Legoland
- Annual family memberships to SEA LIFE Melbourne Aquarium
- Family passes to Melbourne Zoo, Werribee Zoo and Healesville Sanctuary
- \$500 Sportsmart voucher
- Family weekends at Anglesea YMCA Recreation Camp

Physical activity during childhood can help with:

- Developing a healthier heart and lungs
- Building stronger bones and muscles
- Improving motor skills
- Improving self-esteem
- Reducing stress and anxiety
- Improving school performance
- Improving concentration

What you can do as a parent:

- Be active with your children
- Turn off the TV and computer, and limit screen time
- Plan fun activities with your children – let them choose
- Find out what our school is doing to see what you can do at home
- Check out local offers and events in our area

Suggested activities you can do as a family:

- Walk to school
- Walk the dog
- Go for a family bike ride
- Explore where you live and walk a different route
- Do the family chores together – shopping, washing the car
- Set up a backyard obstacle course
- Get some chalk and make a downhill or hop-scotch court on your driveway
- Play a game of backyard cricket

- Play kick-to-kick with the footy or soccer ball
- Play wall tennis
- Play backyard volleyball with a balloon. Try to keep the balloon up!
- Throw a frisbee
- Jump rope
- Hula hoop
- Play hide and seek
- Head to the local playground
- Fly a kite
- Perform an activity during every ad break on TV
- Make your own treasure hunt
- Get a pedometer for everyone in the family and compare your steps
- Set goals and rewards
- Create your own motivational posters to put up around the house

Get your Active April Family Planner

Download and print your family planner with 30 fun family activities to kick start your Active April. Set a family challenge, track your progress and see how many activities you can do!



MAJOR PARTNERS

PREMIER'S
**ACTIVE
APRIL**

VICTORIA
State Government