



Manor Lakes College

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College Shop Hours: Tuesday 8.30am-10.30am & Thursday 2pm-4pm

newsletter

No.1 Week Ending Friday 3rd February, 2017

SUPERVISION IN THE YARD BEGINS AT 8:35 AM AND ENDS AT 3:15 PM

The Week Ahead

Monday 6th February	Breakfast Club , 8:15am – 8:45am (Dalaroo Learning House)
Tuesday 7th February	My Time Program , 9:00am – 10:00am, (Community Room)
Wednesday 8th February	Year 10 SARIP Orientation Day , 8:30am – 3:00pm, (Victoria University Footscray Park Campus) Play Group , 9:00am – 10:50am (Community Room) Gold Coin Donation
Friday 10th February	Breakfast Club , 8:15am – 8:45am (Dalaroo Learning House) Play Group , 9:00am – 10:50am (Community Room) Gold Coin Donation

Dear Parents and Carers,

Our first week back has been busy, and hopefully rewarding and positive, for all of our Learning Community at Manor Lakes. If the term Learning Community is unfamiliar to parents, it is, "a group of people who share common academic goals and attitudes." This means students, parents, and staff, (teachers and support staff), working to achieve our goals.

When staff returned on Monday I spent time in the morning emphasizing our College's focus on students and student learning. Our common learning goal is to achieve the highest possible results for all of our students. I am sure parents will work with staff in wanting to achieve the highest possible outcomes for our students.

A number of new staff have joined our Learning Community this year. I welcome the following staff:

- Christina Arnold – Year 1 Teacher
- Tabatha Coller – Secondary Teacher
- Romana Dagleish – Secondary
- Brandon Khenkitisak – Secondary Teacher
- Renee Liprino – Secondary Sector Principal
- Amy-Rose Livesay – Secondary Teacher
- Jane McCurry – Supported Learning Teacher
- Margaret Murnane – Secondary Teacher
- Rebecca Newell – Primary Teacher
- Eddie Niu – Secondary Maths
- Kaja Strzalka – Secondary Teacher
- Kate Thorncroft – Secondary Teacher
- Roovini Weerasinghe – Secondary Teacher

A focus of the College is to develop a Growth Mindset in our students. This concept has been a part of the learning in our Secondary sector through the Advocacy program. Primary teachers have worked on elements of the program, but from this year forward, we will be explicitly teaching what a Growth Mindset means versus a Fixed Mind Set. A visual presentation about Growth Mindset is below:



Over 30 years ago, Carol Dweck and her colleagues became interested in students' attitudes about failure. They noticed that some students rebounded while other students seemed devastated by even the smallest setbacks. After studying the behavior of thousands of children, Dr. Dweck coined the terms fixed mindset and growth mindset to describe the underlying beliefs people have about learning and intelligence. When students believe they can get smarter, they understand that effort makes them stronger. Therefore they put in extra time and effort, and that leads to higher achievement.

Advances in neuroscience have shown us that the brain is far more malleable than we ever knew. Research on [brain plasticity](#) has shown how connectivity between neurons can change with experience. With practice, neural networks grow new connections, strengthen existing ones, and build insulation that speeds transmission of impulses. These neuro-scientific discoveries have shown us that we can increase our neural growth by the actions we take, such as using good strategies, asking questions, practicing, and following good nutrition and sleep habits.

Researchers began to understand the link between mindsets and achievement. It turns out, if you believe your brain can grow, you behave differently. So the researchers asked, "[Can we change mindsets? And if so, how?](#)" This began a series of interventions and studies that prove we can indeed change a person's mindset from fixed to growth, and when we do, it leads to increased motivation and achievement. For example, 7th graders who were taught that intelligence is malleable and shown how the brain grows with effort showed a clear increase in math grades.

In addition to teaching kids about malleable intelligence, researchers started noticing that [teacher practice](#) has a big impact on student mindset, and the feedback that teachers give their students can either encourage a child to choose a challenge and increase achievement or look for an easy way out. For example, studies on different kinds of praise have shown that telling children they are smart encourages a fixed mindset, whereas praising hard work and effort cultivates a growth mindset. When students have a growth mindset, they take on challenges and learn from them, therefore increasing their abilities and achievement.

Teachers in the primary sector will be learning about developing growth mindsets in their students and improving student attitudes to their learning. Parents are invited to meet with their child's teacher to discuss growth mindset and what they can do at home to support this.

Other initiatives that will take place in the Primary sector include:

- Individual Learning Plans for all students. These will be presented to parents in March. Parents will be invited to discuss with teachers their concerns about their child's learning and these concerns may be added to the Individual Learning Plan.
- The Developmental Play program that has been implemented previously has been discontinued and the learning focus in the Primary sector will be literacy and numeracy. I again invite parents to feel free to discuss with their child's teacher the learning focus.
- Primary teachers will make regular contact with all parents in their class. This will be done through direct conversation, phone call, and/or email.

Next week's newsletter will focus on aspects of the secondary sector work for this year and beyond.

ABC Melbourne Radio Broadcast

During the Christmas Holidays, I was approached by ABC radio to host a broadcast of the Red Symons and Jon Faine shows. I was very pleased to approve this and yesterday, Thursday 2/2, we hosted their shows from 5.30am until 11.00am. (I have developed an appreciation of how good my job is when I compare it to a radio technician – I started at 4.00am yesterday to open for the ABC technicians). A number of our staff and community were interviewed as well as students. I have had a lot of feedback from the Department of Education as well as community members which has been tremendously positive. I have been principal of our school for a short time, but I am struggling to describe my pride in the school – students, staff and wider community. I sincerely thank all those who allowed themselves to be interviewed and helped set up the day. This includes our school council president, assistant principals, teachers, a prep on their first day, Anthony Sabatino, Chris – our school technician, Smith Family and anyone else I have omitted.

If parents wish to listen to the broadcasts, the following are links to the shows:

Red Symons 5.30am – 7.45am: <https://radio.abc.net.au/programitem/peoLAKkyj3?play=true>

Jon Faine 8.30am – 11.00am: <https://radio.abc.net.au/programitem/peq3Vb4MN3?play=true>

I will continue to attempt to be a visible presence around the front gate before and after school and I look forward to talking with parents to get their ideas for the school. If you can't find me before or after school, I am happy to be contacted by email or phone:

warner.stephen.r@edumail.vic.gov.au

Mob: 0425 729 304

Steve Warner

Manor Lakes College Principal

Community News

Play Group: Play group has commenced for the year and sessions will be held every Friday from 9:00am – 10:50am in the Eildon Learning House – Community Room

My Time Program: The My Time program is a parent support group for parents and care-givers for children who have learning or special needs. These sessions include everything from guest speakers, excursions, art sessions, creating resources to special morning teas. My Time program is held every Tuesday from 9:00am – 10:00am in the Community Room starting from next Tuesday 7th February.

School Banking: School banking has commenced for the year and will be every Thursday. Please remember to bring in your deposits in each week before 10:00am.

If you wish to apply please pick up an application form from the Administration offices or Anthony in the Eildon Community Room. New accounts take between 10 -14 working days from when completed forms are submitted to school. If you are an existing Commonwealth Bank customer with access to Net-Bank you can apply for your child's Youth-saver account online.

Simply log into Net-Bank, click the "Offers and apply" tab, then select "Accounts" and "Youth-saver". Please have your child's birth certificate handy.

- No more than \$20.00
- Details filled out in bank book
- Please don't leave tokens in bank book
- Trade them in after every ten deposits
- Great rewards on offer for super savers

MyTime @



MyTime

Wyndhamvale

Time 9.00–11.00am
Tuesdays

Where Manor Lakes
College
2 - 50 Minindee Rd
Wyndham Vale, Vic

Facilitator: Anne

Play Helper: Vanessa

*The MyTime program is funded by the
Australian Government
Department of Social
Services.
MyTime is coordinated
nationally by the
Parenting Research Centre.*



child + family health service
53 Adelaide Street Footscray
Victoria 3011 Australia

Ph. + 61 3 9689 1577
Fax + 61 3 9689 1922
Web www.tweddle.org.au

2017 TERM 1 Dates

7th February to 28th March

PLANNED ACTIVITIES

7th Feb— **Welcome to MyTime:** How are you?

14th Feb – **Guest Speaker**—Cathy Love, author
of "Becoming Chief: How to lead your child's special
needs tribe"

21st Feb –**Discussion:** Juggling Appointments

28th Feb – **Caring for Mum's and Dad's hands**
(plus BYO nail polish if preferred)

7th March - **Discussion:** Focusing on you

14th March – **Guest speaker?** (TBA)

21st March – **Respite and school holiday options**

28th March – **Last session for Term 1 – Bring a
plate to share**

What is MyTime?

MyTime is a peer support group for parents and carers,
supporting children under 16 years of age with a disabili-
ty, developmental delay or chronic medical condition.

Who is MyTime for?

Parents mums, dads, grandparents, foster parents, or a
primary carer receiving or applying for Carers Allowance.

What will I get out of MyTime?

- Meet other parents and carers in similar circumstances
- Share experiences in an informal setting
- Information resources and services that may be available to you.
- A facilitator to support, co-ordinate and guide group discussion
- A play helper to provide activities for the children whilst in your care and supervision
- Parent discussion





BECAUSE WHEN THE RUBBISH IS GONE, NATURE CAN CARRY ON

ABOUT CLEAN UP AUSTRALIA DAY



Hi there,

We wanted to let you know that registrations are now open for Clean Up Australia Day 2017. It's a great chance to connect with the community and make a difference for our environment in 2017.

You can register today at

www.cleanupaustraliaday.org.au

If you can't participate on the day - please consider making a donation or sponsoring a site in your community.

We also have some fantastic merchandise and eco friendly living items available this year at our online store: [Clean Up Australia Store](#)

REGISTER TODAY

Registering for Clean Up Australia Day is one of the most important things you can do for the welfare of your community. Stand up for our environment and make a hands on difference today. Please head to www.cleanupaustraliaday.org.au

COMMUNITY GROUP/INDIVIDUAL

SUNDAY MARCH 5 2017

Register as an individual or as part of a community group to take part in Clean Up Australia Day 2017.

BUSINESS

TUESDAY 28 FEB 2017

Register as a business or become a [Business Supporter](#) to take part in Business Clean Up Day 2017

SCHOOLS

FRIDAY 3 MARCH 2017

Register as a primary school or preschool to take part in Schools Clean Up Day 2017.

YOUTH

SUNDAY MARCH 5 2017

FRIDAY 3 MARCH 2017

Register your high school, university or youth group to take part in Youth Clean Up Day 2017



FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF will be provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students.

HOW TO APPLY

Contact the school office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

MORE INFORMATION

For the CSEF application closing dates and more information about the fund visit www.education.vic.gov.au/csef



The Dollarmites are bringing the future to your school.

Since 1931, CommBank's School Banking program has been offering engaging ways for Australian children to learn the value of saving and develop lifelong money skills.

For our 2017 theme, a futuristic adventure is in store. Students will join the new-look Dollarmites as Future Savers, making their way towards the Savings Hover Park – a fantastic playground up in the clouds of a hi-tech metropolis.

Encouraging savings habits with great rewards

School Banking will continue to reward children who demonstrate regular savings behaviour, and this year we're introducing an exciting new range of reward items. Two are released every term, and available in Term 1 are the Cyber Handball and Colour Change Markers. Your child can redeem one of these reward items, while stocks last, after making 10 School Banking deposits.

Visit commbank.com.au/schoolbanking to download and print this year's Rewards Card. On our website you'll also find a fun activity sheet and a Savings Tracker your child can use to keep track of their School Banking deposits throughout the year.

Dedicated savers get a chance to win a trip to Tokyo Disneyland

The Future Savers Grand Prize competition will take one lucky student on a family trip to Tokyo, Japan. Up to two adults and three children will get tickets to explore Tokyo Disneyland and Tokyo DisneySea, including the futuristic Tomorrowland attractions. This prize includes:

- Return economy airfares from the winner's nearest capital city to Tokyo, Japan
- Five nights' accommodation at the Sheraton Grande Tokyo Bay Hotel
- Three-day Magic Pass to Tokyo Disneyland and Tokyo DisneySea
- AU\$1,000 spending money

To enter, your child simply has to make 15 or more School Banking deposits before the end of Term 3, 2017. This will automatically enter them into the competition for a chance to win.

For more information, visit commbank.com.au/schoolbanking



Things you should know: Full terms and conditions found at commbank.com.au/schoolbanking. Australian residents aged 4-13 yrs only with parent/guardian permission. Must have CBA YouthSaver account and be participating in CBA's School Banking program. Starts 23/1/17. Ends 11.59pm AEST 29/3/17. Max 1 entry/person. Draw: L3/11 Harbour Street, Sydney NSW 2000 at 12pm AEST 11/1/17. Winner in The Australian 17/1/17. Prize 1 x 5-night trip for 2 adults + 3 kids (aged 13 and under) to Tokyo, Japan, valued up to AU\$22,855. Commonwealth Bank of Australia, ABN 48 123 123 124, of Level 30, 11 Harbour Street, Sydney NSW 2000. Permits: NSW LPS/16/07069, ACT TP/16/01759, SA T16/1590.

Dates To Remember

Monday	Every	Breakfast Club, 8:15am – 8:45am (Dalaroo Learning House)
Tuesday	Every	Rushford's Uniform Shop, 8:30am – 10:30am (Argyle Administration)
Thursday	Every	School Banking
Thursday	Every	Rushford's Uniform Shop, 2:00pm – 4:00pm (Argyle Administration)
Friday	Every	Play Group, 9:00am – 10:50am (Community Room) Gold Coin Donation
Friday	Every	Breakfast Club, 8:15am – 8:45am (Dalaroo Learning House)
Thursday	16 th February	Trade Taster, 8:00am – 3:15pm, (Geelong Industry Trade Training Centre)
Friday	17 th February	Young Leaders in Sport Program (Selected Students), 8:30am – 3:30pm, (Victoria University, Footscray Park Campus)
Monday	20 th February	Year 12 Wilson Promontory Camp, 6:00am – 3:00pm, (Wilson's Promontory National Park & Phillip Island Nature Reserve)
Wednesday	22 nd February	Year 10 Great Outdoors Camp Begins, 8:00am, (Mount Cole Street)
Thursday	23 rd February	Year 10 Great Outdoors Campers Return, 4:00pm, (Manor Lakes College)
Thursday	23 rd February	Trade Taster, 8:00am – 3:15pm, (Geelong Industry Trade Training Centre)
Thursday	3 rd March	Trade Taster, 8:00am – 3:15pm, (Geelong Industry Trade Training Centre)
Wednesday	8 th March	Accelerated Football Program (selected students), 12:45pm – 3:15pm, (Victoria University, Footscray Park Campus)
Wednesday	9 th March	Trade Taster, 8:00am – 3:15pm, (Geelong Industry Trade Training Centre)
Wednesday	15 th March	Accelerated Football Program (selected students), 12:45pm – 3:15pm, (Victoria University, Footscray Park Campus)
Thursday	16 th March	Trade Taster, 8:00am – 3:15pm, (Geelong Industry Trade Training Centre)
Wednesday	22 nd March	Accelerated Football Program (selected students), 12:45pm – 3:15pm, (Victoria University, Footscray Park Campus)
Wednesday	22 nd March	Year 11 OES Grampians Camp Begins, 8:00am (The Grampians National Park)
Thursday	23 rd March	Trade Taster, 8:00am – 3:15pm, (Geelong Industry Trade Training Centre)
Friday	24 th March	Year 11 OES Grampians Campers Return, 5:00pm, (Manor Lakes College)
Monday	27 th March	Year 7 Camp Begins, 8:00am – 3:00pm, (Phillip Island Adventure Resort)
Wednesday	29 th March	Year 7 Campers Return, 3:00pm, (Manor Lakes College)

Grievance Procedure for Parents/Carers

- Step 1: Make an appointment to meet with the teacher.
- Step 2: If the issue is unresolved, make an appointment with a Sub-school Assistant Principal
Ph. 9741 4202
- Step 3: To reach final resolution you may need to meet with the Assistant Principal on more than one occasion.
- Step 4: Make an appointment with the Principal via the Principal's Executive Assistant.
- Step 5: If you are still dissatisfied phone or write to the Principal.
- Step 6: After steps 1-5, if the matter is not resolved, then the issue can be raised with the Regional Office on 9291- 6500

Personal Property

- Students are discouraged from bringing valuable personal property to school (including mobile phones)
- If students choose to bring valuable personal property to school, they do so at their own risk
- The Department and the college do not hold insurance for personal property brought to schools and therefore it will not generally pay for any loss or damage property own risk.

Newsletter Sign Up

The college newsletter can be accessed online via the college website: www.manorlakesp12.vic.edu.au. We encourage all families to sign up as an efficient means to receiving the newsletter. The newsletter is one of the main forms of communication within our college community; all news, dates and information is published on a weekly basis

Compass

Can all parents and guardians please make sure that you are regularly logging onto Compass via the website <https://manorlakesp12.vic.idlf.com.au/>. This is the College's school management program and will provide you access to all aspects of your child's school life. Functions that parents are able to access include viewing and approving absences, proving consent and paying for excursions and incursions, booking parent / teacher interviews, contacting teachers and keeping an eye on important dates via the College community calendars.

All students currently have feedback uploaded for various curriculum areas and learning tasks. Please access your child's learning tasks to view teacher feedback, scoring (if relevant) and your child's reflection on their learning. Please take the opportunity to provide any constructive feedback to your child and/or child's teacher regarding their learning in the particular curriculum area. A reminder that the college is moving away from traditional end of semester reports, although a summation of your child's learning will be available each semester including AusVELS progression points, any other relevant grading's applicable to VCE/VCAL, additional teacher feedback for personal learning and overall achievement in subject area.

Community News



MANOR LAKES AFTER SCHOOL PROGRAM MILO IN2CRICKET / MILO T20 BLAST

SESSION	DATE	TIME	LOCATION	NOTES
Monday	13 th Feb 2017	3.30pm	Howqua Sports Reserve, Manor Lakes	6 session

MILO in2CRICKET – Volunteer conducted program

- (Prep-Grade 2) \$75
- 60 min session skill based program
- Receive Cricket pack (back pack, bat, ball, hat, shirt)

MILO T20 Blast– Paid coordinator program

- (Grade 3-Grade 6) \$75
- 90 min session game focused program
- Receive pack (hat, shirt, swim bag)

This is a great way to play with your friends or make new ones, Coordinated and delivered by trained Cricket Victoria staff and volunteers.

All participants that register in the MILO T20 Blast program before 13th Feb 2017 will go in the draw to take part in the On Field Activation at one of the T20 international games at MCG or Geelong. Also sets of light up stumps to win.

Please register at www.playcricket.com.au

ANY QUESTIONS? PLEASE CONTACT

Darren Driscoll – 0414 689 045 darren.driscoll@cricket.com.au





MANOR LAKES AFTER SCHOOL PROGRAM Howqua Sports Reserve, Manor Lakes

Week 1 Monday 13th Feb	Free Come & Try	Start to see what numbers are like and what extra team managers / helpers are needed, plus invite friends to try.
Week 2 Monday 20th Feb	2 nd Session	
Week 3 Monday 27th Feb	3 rd Session	
Week 4 Monday 6th March	4 th Session	
Week 5 Monday 13th March	5 th Session	
Week 6 Monday 20th March	6 th Session	Final session (Mascot and giveaways)

INSIGHTS

by Michael Grose – No. 1 parenting educator



It's not okay to be away ... nor to be late to school

When kids miss school, not only is their academic progress impeded, forcing them to catch up on missed work (which some never do), they often miss important interactions with their peers which can compound issues of social isolation and low self-esteem.

One of the most important things you can do to ensure your child has a bright future is to make sure he or she goes to school every day—and gets there on time.

It sounds simple, but it's true.

The correlation between school attendance and children's achievement levels is well-established. The more time kids spend at school, the more likely they are to experience school success.

Conversely, according to a report from the Victorian Auditor General, students who are regularly absent from school are at the greatest risk of dropping out of school early, and of experiencing long-term unemployment.

When kids miss school, not only is their academic progress impeded, forcing them to catch up on missed work (which some never do), they often miss important interactions with their peers which can compound issues of social isolation and low self-esteem. Also, many teachers tell me, it's often the kids who can least afford to take time off school who are most likely to be serial absentees.

Of course, most people know this intuitively, yet school absenteeism is a huge problem in Australian schools—and much of it is parent-condoned.

It's hard to get an accurate picture across the country but it would appear that Australian students miss an average of between 12 and 15 days per school year, with parent-condoned absenteeism highest among young primary-aged children.

That adds up to a year's lost schooling over the school-life of a child.

In today's highly competitive world, this rate of absenteeism is alarming, putting our kids at a distinct disadvantage.

That's not a reason to be away!

It's now commonplace for children to stay away from school for reasons that would have been unheard of just twenty years ago. These include staying away to celebrate their own or a sibling's birthday; being absent because they stayed up too late watching television; going shopping for clothes; an extended long weekend; and kids not wanting to take part in a sports day or special school event.

This type of absenteeism sends a strong message to kids that parents don't really value learning or their children's school experiences.

Australian kids only spend 15% of their total time at school. They spend more time asleep than they do at school. So we need to maximise every day to get full value. That means turning up to school every day, on time.

As a Parent:

- ☒ Commit to sending kids to school every day.
- ☒ Make sure kids arrive at school and class on time.
- ☒ Inform the school when they are away, sending medical certificates and other evidence of genuine absence.
- ☒ Consider catching-up on missed work.
- ☒ Make kids who are away stay in their bedroom – that is where ill kids should be.

Being late is not okay either

Missing a few minutes each day may not seem like a big deal but your child may be missing more than you realise if he or she is continually late.

Current research shows that mornings for most children are the most productive time of the day, with 10.00am the peak period for productivity. When children arrive late and take time to settle as they inevitably do, valuable learning time is lost.

It takes strong parenting...

As a parent myself I know how persuasive children of all ages can be when it comes to taking a day off school. It takes a strong will to resist the persistent pressure that kids can bring to bear, particularly if they play the guilt card with comments such as "It's not fair that I have to go school today because Auntie is coming to visit!"

Nice try. But the answer should be "No!"

As parents we need to make a commitment that our kids make the most of their precious time at school. That means that we send them to school every day, on time and ready to make the most of the school day.

Of course, there will be times, such as illness or genuinely extenuating family circumstances, when kids should be away. But these need to be a rarity rather than the norm.

It's reassuring to know that you increase their chances of future success just by making sure they turn up to school every day. And of course regular school attendance also helps kids prepare for the workforce, where it will be expected that they turn up each day work-ready. The real world is unforgiving of those who stay away with NO EXCUSE.

parentingideas.com.au parentingideas.co.uk parentingideas.co.nz

Michael Grose Presentations

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